

Item	kg	Item	kg
Backpack	1,2		
Backpack Rain Cover	0,087		
Bivy Bag GoreTex	1,522		
Sleeping Bag (Down)	1,4	Towel	0,074
Sleeping Bag Inner Liner	0,4	Plastic bags	0,055
Sleeping Mat Ultralight	0,585	Tooth Paste	0,035
		Soap	0,05
Headlamp	0,1	Sun Creme	0,05
Water container plastic 2l	0,105	Water Filter	0,145
		Ropes, 2 pcs.	0,028
Poncho	0,457	Pack Belts	0,186
		4 Tent Pegs	0,025
T-Shirt (spare)	0,157	Tarp	0,507
Socks (spare)	0,06		
Underpants (spare)	0,07	Toilet Paper	0,13
Long Underpants	0,19	Tissues	0,05
Long sleeve Undershirt	0,235		
Flannel Shirt	0,427	Waste Bags, plastic	0,017
Basecap	0,1		
Bandana merino	0,045		
		Emergency set w/ Knife and Lighter, Water purification tablets, medicine	0,455
Inner Jacket (warm)	0,514		
Outer Jacket (wind tight)	0,29		
Mobile Phone	0,2		
Powerbank w/ Cable	0,28		
Tooth Brush	0,016		
Knife, Fork, Spoon	0,088		
Silicone bag, sealable, for breakfast muesli	0,125		
	7,366		1,807
			9,173